

Classes & Pricing

Parent 'n Peanut	50 minutes
Little Champs	50 minutes
Girls Champ Bronze	50 minutes
Girls Champ Silver	50 minutes
Girls Champ Gold	50 minutes
Boys Champ Bronze	50 minutes
Boys Champ Silver	50 minutes
Boys Champ Gold	50 minutes
Jr. Tumbling	1 hr. 20 min.
Sr. Tumbling	1 hr. 20 min.

Time Attended	Times/week	Monthly Tuition
50 Minute Class	1	\$42
	2	\$75
1 hr. 20 min. Class	1	\$60
	2	\$110

**Ask about our family discount

Additional Fees
A registration fee of \$25 is due at the time of sign up and is assessed each time a student drops and re-enrolls. It is otherwise assessed annually.

2010-2011 Champion Gymnastics ~ Class Schedule updated 08/10

	Program	Ages	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Parent & Tot	Parent & Peanut	2 to 3 years				Pending Demand	Champion Gymnastics reserves the right to alter its class schedule at any time. Classes with fewer than 3 students may be combined with another class. We are committed to small class sizes and providing a positive learning environment.	
Pre-School	Little Champs	3 to 4 years	4:00, 5:00	10:00 4:00, 5:00	4:00, 5:00	10:00, 4:00		
Girls Rec.	Girls Champ Bronze	5 to 7 years	4:00, 5:00 6:00	11:00 4:00, 5:00	4:00, 5:00 6:00	11:00 4:00, 5:00		
	Girls Champ Silver	7 to 10 years	4:00, 5:00 6:00	4:00, 5:00	4:00, 5:00	4:00, 5:00		
	Girls Champ Gold	8 to 12 years	5:00, 6:00		6:00	4:00, 5:00		
Boys Rec.	Boys Champ Bronze	5 to 7 years	5:00	5:00	4:00	4:00		
	Boys Champ Silver	7 to 10 years	4:00, 6:00	4:00	5:00			
	Boys Champ Gold	8 to 12 years			6:00	5:00		
Tumbling	Jr. Tumbling	7 to 11 years	Advanced Only 6 to 7:20	6 to 7:20	7 to 8:20	6 to 7:20		
	Sr. Tumbling	12 to 18 years	Advanced Only 6 to 7:20	6 to 7:20	7 to 8:20	6 to 7:20		
Other Info.	Competitive Teams Champion Gymnastics offers competitive team programs from levels 4 to 10 for both girls and boys. Please ask front office for further information regarding this wonderful opportunity for your gymnast to excel in gymnastics.			Open Gym Our open gym program allows children of all ages to come into the gym and enjoy the gym atmosphere. Children under five must be supervised. This time is coach supervised. Check office for info on schedules				



Class Descriptions

Classes at Champion Gymnastics are designed to help each child progress safely and at a pace suited to them. Class sizes are kept small in order to help each child succeed.

Classes are divided into skill level and age, ensuring a comfortable learning environment for each student.

Preschool Age Classes

These classes provide children beginning at age two the opportunity to become aware of what their body can do. Skills such as balance and coordination, as well as motor skills are emphasized. Students will gain great gymnastic fundamentals as they progress towards new heights.

Girls & Boys Champ Classes

These classes are the core of our recreational gymnastics program. Built for children ages 5-14, these classes focus on 4 distinct areas: Position/Coordination, Form, Strength/Flexibility, and Balance. Students will use equipment that has been designed and built just for them. Curriculum is designed to help each student maximize their participation while in the gym. Students will also have the opportunity to "showcase" what they have learned. Special performances will be held for parents & families to attend

Tumbling/Fitness Classes

Tumbling classes are available for students who do not wish to participate in all of the events offered at Champion Gymnastics. Students will be coached according to his/her own skill level. Fitness classes are also available for athletes looking to gain the extra edge over their competition. Gymnastics offers athletes in any sport a great opportunity to become more flexible and focus on strength training that is second to none.